

OCTOBER 22- 25, 2010

**GEOGRAPHY OF THE SOUL: BARRENNESS AND BEAUTY**  
**A seminar for Personal Formation and Leadership**  
**Development**

EXPAND  
EXCITE  
EMPOWER



*"The Desert will lead you to your heart, where I will speak"* ~Hosea 2:14

IN the warp speed life- style of the twenty first century, new ways for faith formation are necessary for authentic leadership in our personal life as well as within community.

WITH the diversity of culture shining with the rays of God's beauty, techniques are needed for listening and engaging others.

TOGETHER in this seminar, participants will explore and experience God's voice wafting on the wings of the desert and awaken new potential for relationships with God, self and for leadership in community.

***October 22- 25, 2010***  
***Redemptorist Renewal Center***  
***7101 West Picture Rocks Road***  
***Tucson, Arizona 85743***  
***<http://www.desertrenewal.org>***

Sponsored by: Fellowship of United Methodist Spiritual Directors and  
Retreat Leaders  
F.U.M.S.D.R.L.  
[www.fumsdrl.org](http://www.fumsdrl.org)  
C.E.U.s Available



## KEY NOTE: SISTER DAWN MILLS

### DAILY PRESENTATIONS

- ~The Wilderness : Where God Speaks
- ~The Wilderness: Where the Demons Live
  - ~Water in the Wilderness
  - ~The Garden of the Heart



### Sister Dawn Mills

Sr. Dawn Annette Mills is a Benedictine Sister of Perpetual Adoration, at Clyde, Missouri and has been a part of her religious Congregation for over 30 years. She has been a spiritual director for twenty-five years and has been giving directed retreats and preached retreats during most of that time. Her book and audio recording, THE GOSPEL ACCORDING TO DAWN: A Woman's Work of Spiritual Imagination, represents an example of her love of Sacred Scripture and her rather "interesting" approach to spirituality. She is also a staff writer for the magazine "Spirit & Life". She is currently working as Development Director for her community. Dawn is a word weaver and a storyteller committed to promoting a lively and prayerful relationship with the Holy and the work of seeking God.



### AFTERNOON EXPLORATIONS

#### Saturday & Sunday

*Expanded perspectives.*

*Practical tools for leaders. Personal experience, listening for God's presence in the midst of life.*

#### **Creativity Unleashed: The Art Studio: Rev. Paul Coury, C.Ss.R.**

This exploration uses mediums of drawing and pottery in a studio setting. Reverend Coury is associate director of the Redemptorist Renewal Center, and is a former member of the Provincial leadership team of the Denver Province of Redemptorists. His ministerial experience includes Redemptorist formation communities, the retreat apostolate, and Liguori Publications. Father Paul holds Masters degrees in theology, religious education, art, and psychology. Please note: there is an additional \$15 fee for supplies for each session.

#### **Desert Dreaming: The Dream Group as Enrichment for the Soul: Connie Bovier and Becky Youngblood**

This two-part workshop explores the fascinating landscape of dreams. ***Desert Dreaming - Part I*** will cover dreamwork basics, the biblical foundation, symbolism and interpretation techniques, as well as multi-cultural aspects and influences. ***Desert Dreaming - Part II***, participants may bring a newly journaled or remembered dream, which will illustrate the healing and nourishing soulwork that is possible in a dream group.

Becky Youngblood values dreamwork as a significant pathway for spiritual growth, a reliable source of messages from God, and an avenue for building Christian community and circles of trust. Connie Bovier, a student and teacher of Christian dreamwork, considers it a much-neglected spiritual discipline and honors her own visions of the night as central to her spiritual journey.

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## **AFTERNOON EXPLORATIONS (Continued)** **Saturday & Sunday**

### **Spiritual Direction with the Poor and Marginalized with Rev. Donita Harris**

Being spiritually present *with* people of diverse backgrounds gifts us with opportunities to live the dream of God. Taking a holistic approach toward being present with the poor and marginalized, realizing many are unfamiliar with the inner journey, we will explore our own awareness's, along with proven practices that when developed with intention, offer us transformational ways to companion people living in poverty.

Donita Harris is a spiritual director, instructor, and supervisor. She is the founder of Circle of Hope, a skills-building micro-enterprise venture in Columbus Ohio. She is also Director of Operations of Community Development for All People, an innovative mission-based organization serving those in poverty. She is a tireless, often in-demand spiritual servant-leader, workshop facilitator, and public speaker, and serves on a number of local and regional boards.

### **Mestisaje, Diapora, & Barrio: The Landscape of the Latino/a Soul with Rev. Juan Huertas**

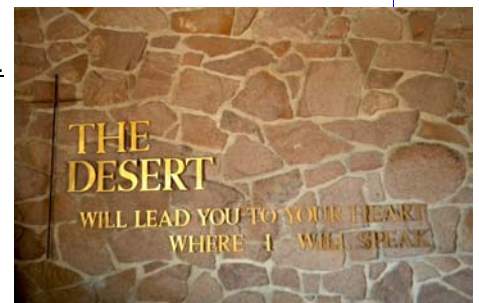
The landscape of the Latino/a soul is a mixture of cultures, history and religious traditions. In this exploration we will discuss some basic compass points that will allow us to better understand the stories of Latino/a persons seeking companionship in their spiritual journey.

Juan Huertas is a husband, dad, son, brother, spiritual director, and pastor. He enjoys silence, conversation and a good book. Most of all he likes hanging out with his life partner Shannon and playing with his three children: Seth, Isabelle, and Lucas. You can find his musings at [www.spiritstirrer.org](http://www.spiritstirrer.org).

### **The Father Wound---Issac and Ishmael in Spiritual Direction with Rev. Ralph Howe**

We will be exploring the barren landscapes where our fathers brought us to sacrifice or abandon us, and to experience God's fathering power that produces the full beauty of deeply masculine spiritual life. We will walk the hard pathways of empty masculinity and return with fullness of purpose and generativity. This workshop is for both male and female directors who accompany men.

Ralph Howe delights in accompanying folks in spiritual journeys and sacramental life. He has a keen interest in small group spiritual practice, and pastoral work helping congregations and individuals find incarnational expressions of Christ as they pursue with commitment and accountability the way of holiness. He has worked with abuse victims and the Enneagram for many years, and leads workshops on these, male spiritualities and other topics. He is married with 4 children (ages 10-27), and serves in Vermont.



## **AFTERNOON EXPLORATIONS (Continued)** **Saturday & Sunday**

### **Music in Spiritual Formation and Direction: Experiencing and Expressing Barrenness and Beauty with Rev. John Blinn**

This workshop will explore the power of music to express our Spiritual Journey, including the experiences of barrenness and beauty. It would identify ways that music can be used in Spiritual Direction as we guide others in this journey. A particular focus will be the gift of the Native American Flute as a path to spiritual awareness and growth

John Blinn and his wife Elaine live in Pueblo, Colorado. John was in pastoral ministry in the Rocky Mountain Conference for 36 years. In 2003 he retired and embarked on a ministry of Spiritual Direction and Spiritual Retreat Leadership under the name of CompanionSpirit. John did his training for Spiritual Direction with the Shalem Institute in Baltimore, Maryland. He uses the guitar and native flute as a central part of his ministry and work. He has produced 3 CDs of his music and stories.

### **Trouble/Triumph/Transcendence: Spiritual Direction and the African American-Soul with Rev. Sherry Johnson**

Discover the beauty of African American Christian spirituality and begin to imagine how spiritual direction leavened with these distinct beliefs and spiritual practices can open the barren soul — regardless of race -- to liberating encounters with Christ.

Sherry Johnson's spiritual journey began at St. John African Methodist Episcopal Zion Church in Hammond, Indiana. She is a United Methodist deacon who serves as associate director of the Center for Ministry in Jackson, Mississippi. A graduate of Journey Partners training in spiritual direction, her ministry includes one on one and small group guidance as well as retreats, classes, and workshops

### **An Evening Experience:**

#### **Mentoring Leaders through Spiritual Direction and Formation with Rev. Brenda Buckwell**

This evening group experience will provide practical application of spiritual direction and ancient prayer practices as a mentoring practice for leaders. Visioning from a spiritual formation perspective and opening private prayer practices to the group process encourages ministry groups within community to lead ministry from spiritual direction discernment.

Brenda Buckwell is one who seeks earnestly to experience God's prayer and presence. Her greatest desire is to share God's prayer with others and deepen awareness of God in the midst of our lives and communities. An ordained elder within the UMC, she has trained as a spiritual director and supervisor of spiritual directors at Mercy Center in Burlingame, California. She received her UM Certification in Spiritual Formation through Garrett-Evangelical Seminary.



## Extended Day Options into the Tucson Area

**Lodging, meals & any fees are additional. Reasonable hotels are within 10 minutes.  
Complete information sent upon receipt of registration fee.**

**If you desire an extended day for a silent contemplative retreat...**

Check the **Desert House of Prayer** [www.deserthouseofprayer.org](http://www.deserthouseofprayer.org)

Desert House of Prayer is a center for contemplative prayer in the Christian, Catholic tradition. Located on 31 acres of Sonoran Desert outside Tucson, Arizona, Desert House of Prayer, founded in 1974, is a place and community committed to silence. Surrounded by three mountain ranges, the natural beauty of terrain evokes an awareness of God's grandeur. The conditions are ideal for fruitful solitude. Special features of the Desert House of Prayer include Peace and Justice Awareness, Ecumenism, Ecology, Music, Art.

Reservations and more information can be obtained by calling 520-744-3825, or via email, [deserthop@live.com](mailto:deserthop@live.com), or by writing PO Box 570, Cortaro, AZ 85652

**If you desire an extended day pilgrimage...** Our friends in Tucson have offered to arrange one day pilgrimages into the surrounding area on Tuesday, October 26 if there is interest. There may be additional fees associated. **Please indicate on the registration form if you are interested in one of these pilgrimage options, and which one you are interested.**

### Option 1

**San Xavier Mission:** San Xavier del Bac (White Dove of the Desert) is an old and magnificent mission. Located south of Tucson, a bit south of the airport. <http://www.sanxaviermission.org/>

**Tumacácori National Historic Park** Arizona's first Spanish mission gives a haunting glimpse into the state's historic past preserving three of Arizona's Spanish Colonial missions including San José de Tumacácori Mission and Los Santos Ángeles de Guevavi Mission, established in 1691.

### Option 2

**Saguaro National Park:** Enormous cacti, silhouetted by the setting sun. For most of us the giant saguaro is the universal symbol of the American West, and yet, these majestic plants are only found in a small portion of the United States. Saguaro National Park, located on the edge of the modern City of Tucson, protects some of the most impressive forests of these sub-tropical giants.

**Arizona-Sonora Desert Museum** gives you a wonderful overview of the desert (plants and animals) in a spectacular setting. <http://www.desertmuseum.org/>

**Tohono Chul (Tuh ho nuh Chool) Park** formerly a residence with many acres. It is owned by the county and offers a tearoom, gift shops and lovely paths for strolling. <http://www.tohonochulpark.org/wordpress/>

### Option 3

**Tucson Botanical Garden** is closer to the new city center and is a delightful way to experience and learn about desert plants. A wonderful butterfly exhibit is open, for an additional fee. <http://www.tucsonbotanical.org>

**Sabino Canyon** is a natural desert oasis located in Tucson's Coronado National Forest and is home to spectacular desert landscapes and abundant wildlife <http://www.sabinocanyon.com/>

REGISTRATION FORM F.U.M.S.D.R.L. October 2010 RETREAT

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7101 West Picture Rocks Road \* Tucson, Arizona 85743*

Name \_\_\_\_\_ Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_

**Early Bird Registration:** (lodging & meals) **Received by May 15, 2010** Tally fees here

\_\_\_\_\_ Single Room: \$350 (FUMSDRL members)  
 \$400 (nonmembers)  
 \_\_\_\_\_ Double Room: \$300 (FUMSDRL members)  
 \$350 (non-members) \_\_\_\_\_

**Standard Registration:** (lodging & meals) **Received after May 15**

\_\_\_\_\_ Single Room: \$400(FUMSDRL members)  
 \$450 (non-members)  
 \_\_\_\_\_ Double Room: \$350 (FUMSDRL members)  
 \$400 (non-members) \_\_\_\_\_

**Registration deadline is September 20th.**

**Afternoon Explorations:** Indicate your preferences for each day.  
 Note additional fees or pre-requisites that may apply.

*Saturday*

\_\_\_\_\_ Creativity Unleashed: The Art Studio (\$15 fee for supplies) \_\_\_\_\_  
 \_\_\_\_\_ Desert Dreaming: Session 1 \_\_\_\_\_  
 \_\_\_\_\_ Spiritual Direction with the Poor & Marginalized \_\_\_\_\_  
 \_\_\_\_\_ Landscape of the Latino/a Soul \_\_\_\_\_  
 \_\_\_\_\_ Music in Spiritual Formation and Direction: Experiencing and Expressing Barrenness & Beauty \_\_\_\_\_  
 \_\_\_\_\_ The Father Wound---Issac and Ishmael in Spiritual Direction \_\_\_\_\_  
 \_\_\_\_\_ Trouble/Triumph/Transcendence: Spiritual Direction and the African American Soul \_\_\_\_\_

*Sunday*

\_\_\_\_\_ Creativity Unleashed: The Art Studio (\$15 fee for supplies) \_\_\_\_\_  
 \_\_\_\_\_ Desert Dreaming: Session 2 (prerequisite: Session 1) \_\_\_\_\_  
 \_\_\_\_\_ Spiritual Direction with the Poor & Marginalized \_\_\_\_\_  
 \_\_\_\_\_ Landscape of the Latino/a Soul \_\_\_\_\_  
 \_\_\_\_\_ Music in Spiritual Formation and Direction: Experiencing and Expressing Barrenness & Beauty \_\_\_\_\_  
 \_\_\_\_\_ The Father Wound---Issac and Ishmael in Spiritual Direction \_\_\_\_\_  
 \_\_\_\_\_ Trouble/Triumph/Transcendence: Spiritual Direction and the African American Soul \_\_\_\_\_

**Total cost:** \_\_\_\_\_

**Non-refundable Registration Fee:** sent with this form \_\_\_\_\_ <subtract \$100>  
 will be applied to total fees

**Balance due by September 20th** \_\_\_\_\_

\_\_\_\_\_ **Yes, I'm interested in an Extended Day Pilgrimage,**  
**and I prefer** \_\_\_\_\_ **Option 1** \_\_\_\_\_ **Option 2** \_\_\_\_\_ **Option 3**

**Make checks payable** to FUMSDRL. Note "2010 Retreat" on memo line.

**Mail** registration form and \$100 registration fee (non-refundable) to:

FUMSDRL  
 1779 Kirby Parkway, Suite 1-100  
 Memphis, TN 38138

**Join FUMSDRL at [www.fumsdrl.org](http://www.fumsdrl.org) and save on registration fees!**